

## Overview

Fourcast's Consumption and Treatment Services site (CTS) at 220 Simcoe opened June 13, 2022. We are grateful for the hearts, energy and resources from every person in this community who contributed to making this plan a reality. Special thanks are extended to the Community Foundation of Greater Peterborough (CFGFP) whose generosity and vision supported us to have the location ready for service even when we didn't know if the CTS would be funded.

The tireless and dogged determination of community partners and their leaders — most notably Kim Dolan, Suzanne Galloway, Tim Farquharson, Rosanna Salvaterra and Thomas Piggott — who with intelligence and creativity stepped over hurdle after hurdle until we achieved the goal of opening the doors to service users. Our biggest barrier to opening was securing a location. After two years of pleading for space in the downtown, Kevin MacDonald stepped forward to partner on the dream location for this service, and we are beyond grateful for this relationship.

We are honoured to be hosting the CTS and we will continue to learn and grow from our experiences with the people we serve who have resilience, wisdom and humour beyond compare.

**Donna Rogers**  
Executive Director, Fourcast

## What is a Consumption and Treatment Services Site (CTS)?

Consumption and Treatment Services sites (CTS) are health services that provide a safe, clean space for people to consume pre-obtained drugs under the supervision of health professionals. Staff are always on hand to respond to medical emergencies. Individuals are also provided with sterile consumption supplies, education on safer consumption practices, basic medical services, and referrals to drug treatment, housing, and other social services.

The CTS at 220 Simcoe Street offers a variety of features that not only provide a safe space for clients to consume their drugs, but also offer connections on-site to supports that can assist with health, housing, employment, and other related services.

### **Supervised consumption sites do not provide drugs.**

Research shows that supervised injection sites provide many benefits to individuals using the services as well as the community, including:

- Reduced overdoses, poisonings and deaths
- Increased use of drug treatment services
- Reduced public drug use
- Connection to other health and social services

## Community Partners

Funding at the CTS brings together the services and expertise of four main organizations:

### **Fourcast (host agency)**

**PARN**

**Peterborough County-City Paramedics**

**Peterborough 360 Degree Nurse Practitioner-Led Clinic (NPLC)**

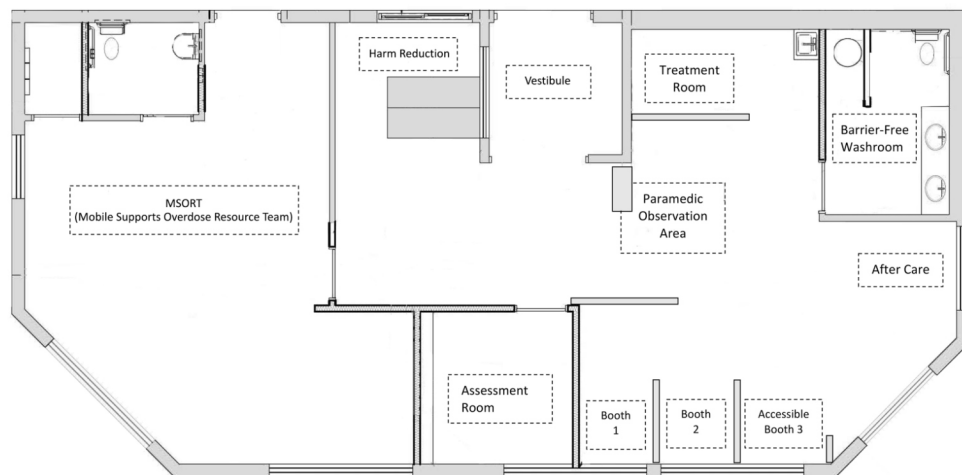
## On-Site Services

Agencies and programs located at the CTS connect service users to a variety of wraparound supports. The on-site groups providing these services include:

**PARN**

**Harm Reduction Works**

**Mobile Support Overdose Response Team (MSORT)**



## Community Liaison Committee (CLC)

The Community Liaison Committee (CLC) was formed in the spring to help foster a stronger relationship between Fourcast, the lead agency for the Consumption and Treatment Services site (CTS), and the surrounding community. The committee is comprised of local business representatives, neighbours, service providers, and other stakeholders.

The committee is comprised of 15 representatives who are responsible for participating in quarterly meetings. Two meetings, which are chaired by Christie Nash of Arising Collective, have been conducted to date via Zoom.

To submit comments or concerns to the committee, please send an email to [CLC@fourcast.ca](mailto:CLC@fourcast.ca).

## Drug Checking

Currently, when checking drugs, CTS staff utilize fentanyl test strips to determine the presence of fentanyl. These strips are a simple, inexpensive, and evidence-based means of averting overdose. The strips do not provide information about the exact amount of fentanyl present but it does inform the service user's choices and allows them to prepare accordingly.

Soon, the CTS will have access to a Mass Spectrometer, which offers a high level of precision in determining the composition within substances that are consumed.

This data can be shared with Peterborough Public Health who are able to compile it alongside related information from paramedics, the hospital, and other service providers. This helps to inform whether Poison Drug Alerts should be issued in the community.

## How to Assist

The generosity of our community helped in part to establish the CTS. Now, we welcome financial donations that can be put towards purchasing wound care supplies that can be distributed. Contributions of water and Gatorade are also appreciated.

If interested in donating, please call our main line at 705-741-3070.

## Terminology

### Overdose / Drug Poisoning

Overdose or, preferably and more accurately, 'drug poisoning', refers to when a person consumes too much of a drug (or combination of drugs) and basic life functions (e.g., breathing) cannot be controlled. The unpredictability of street drugs and their composition is the main reason for the rising frequency of drug poisoning across Canada.

### Stigma

Labelling, stereotyping, discriminating – stigma around addiction and drug use is pervasive and presents itself in several ways. The overarching stigma around this issue is that it is both a personal choice and moral failing. Any action around addressing the drug poisoning crisis must endeavour to reduce stigma through words, attitudes and actions.

Sources: Peterborough Public Health and Johns Hopkins Medicine

I've certainly noticed a decline in public use and discarded needles in and around the downtown. I've noticed nothing that could be tied to the site in any negative way. I haven't received one call or email in association with the CTS site and I've noticed a great improvement in the downtown in the last several weeks. I have to admit that there is something that has changed and I believe I can attribute a good portion of that to the CTS site. It certainly has not had any of the overdramatic issues that some people thought would occur. It's good to see these early signs that it is having a positive impact.

**Terry Guiel**  
Executive Director  
DBIA

From Wild Rock's perspective, the biggest tangible change that our staff have seen is that our back parking lot is cleaner. We've found less than ten needles since the end of June. This is a huge reduction as compared to pre-CTS. It means our staff don't have to put themselves at risk and pick them up... It's gratifying to know that the CTS is working.

**Tori Silvera**  
General Manager  
Wild Rock Outfitters

Since the CTS opened, we've noticed a big drop in drug-related emergencies in and around the library. Prior to the opening of the CTS, drug poisonings were a common occurrence at the library, now they happen rarely. The Library staff is in strong support of the CTS and is grateful to have this community resource close by.

Some Transit staff have noticed a quicker response time to suspected overdoses in the terminal/parking garage areas that may be the result of the clinic having a paramedic on site.

**Laurie Stratton**  
Transit Manager  
City of Peterborough

**Mark Stewart**  
Library Services Manager  
Peterborough Public Library

When someone is outside our office and non-responsive our staff have been able to visit the CTS and ask for help with the situation. This has happened three times and there's always been a prompt and helpful response. While the CTS staff made it clear that when they are busy they may not be able to help, so far they have been able to resolve our issues effectively and provide support to people who are struggling. Since the CTS opened, our staff now know where to go for help and we have not had to call the police, which is new.

**Tegan Moss**  
Executive Director  
GreenUP

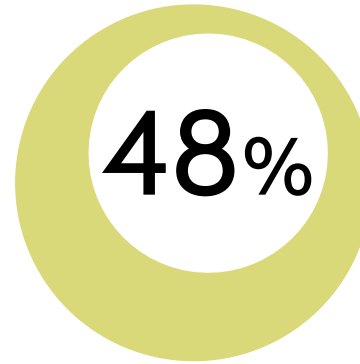
# The Numbers



Unique service users registered at the CTS since opening in June



Average daily visits \*



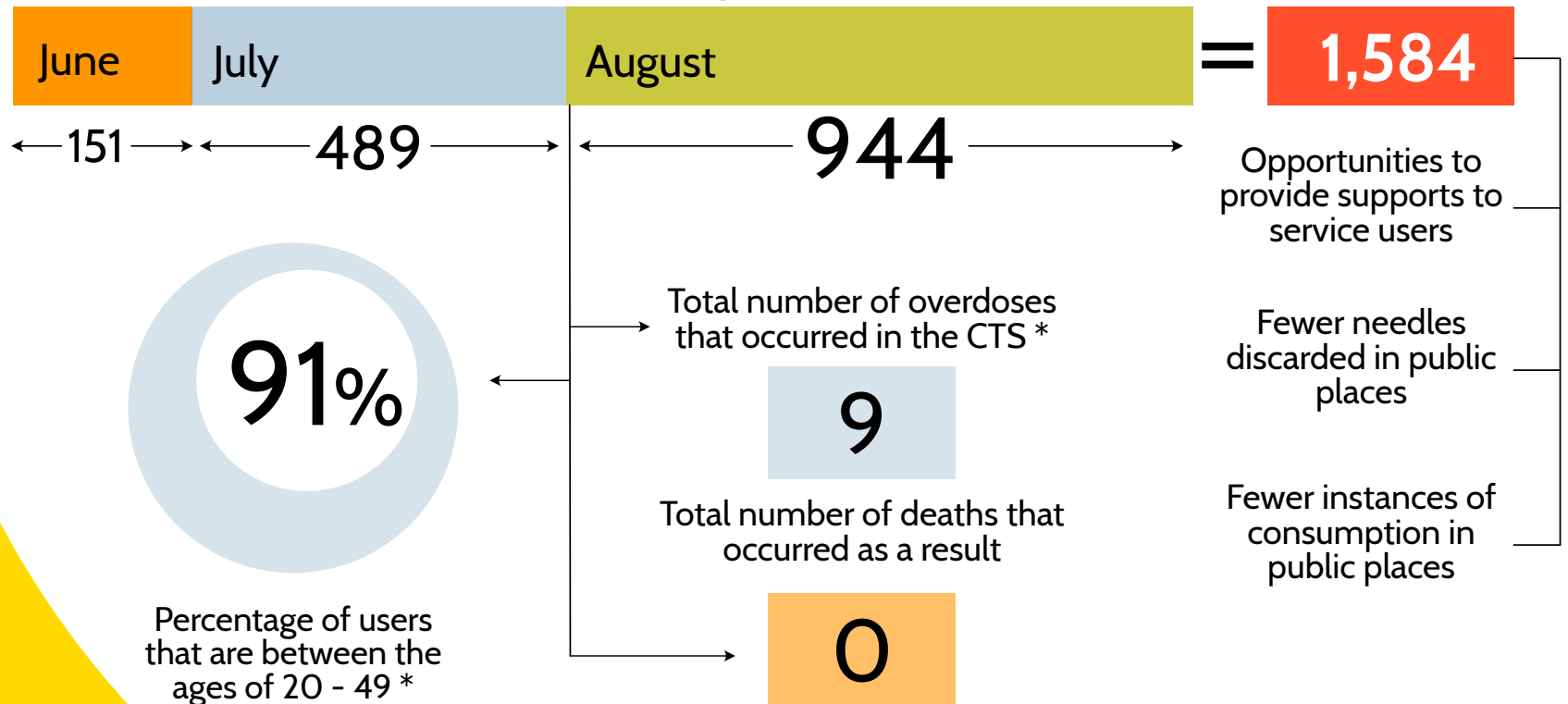
Of service users using fentanyl \*

## What is Fentanyl?

Fentanyl is a synthetic opioid that is about 50 times as potent as heroin. People use fentanyl because it is cheap to manufacture and a small amount goes a long way. Many individuals consume fentanyl without knowledge while others use it intentionally because of its potency.

National Harm Reduction Coalition

## Visits to CTS per month since opening June 13<sup>th</sup>



\* Data compiled: July 2022