



Annual Report 2025-2026



Land Acknowledgement

We acknowledge, respectfully, that Fourcast, across all its locations, occupies the traditional territory of the **Michi Sagiig Anishinaabeg** on land associated with the **Williams Treaty of 1923** and **Rice Lake Treaty #20 of 1818**. Our presence on these lands connects us to **Rice Lake, Curve Lake, Hiawatha, Alderville, Scugog Island, Chippewas of Rama, Beausoleil, and Georgina Islands First Nations**.

Fourcast's mission is to champion the health and well-being of all by respecting the diversity of every individual and working collaboratively with the community. With guidance from the Truth and Reconciliation Commission's Calls to Action, Fourcast aims to be accountable by nurturing relationships that acknowledge and honour the rightful caretakers and inhabitants of this land.

We offer gratitude to the First Peoples for their continuous care for, and teachings about, our earth and our relations. May we honour these teachings and our responsibilities to reconciliation, as we are all Treaty People.



Introduction

Four Counties Addiction Services Team

Fourcast is a community-based addiction treatment provider operating in Peterborough, Northumberland, Haliburton and the City of Kawartha Lakes since 1983.

Our compassionate and professional staff members provide support for people with addiction concerns through a range of program options. We work with our service users to help develop a treatment path that is right for their unique needs.

In addition to individual and group counselling, Fourcast also works in collaboration with community service partners in our catchment areas to support people experiencing homelessness or at risk of homelessness.

Our focus is on encouraging positive change, and our goal is to support our clients by empowering them to make their own choices.

Our services include:

- Individual & Group Counselling
- Community Withdrawal Management
- Bed-Based Addiction Treatment and Withdrawal Management
- Supportive Housing Programs
- Hospital to Home
- Opioid Services
- Gambling Support
- Support for Family Members
- Court Diversion
- Police Outreach Program



Our Identity

Our Vision

Everyone has access to compassionate and professional support services they need to live a healthy life.

Our Mission

We provide a continuum of treatments that support the health and well-being of people impacted by addictions and their families.

Our Values



Strategic Plan 2026-2028

In April 2026, Fourcast's Board of Directors refreshed the 2023-2026 strategic plan, extending it by 18 months. Acknowledging an exceptional few years of tremendous growth and change, the Board felt that a refreshed strategic plan was essential to help the organization navigate the current growth period.

While the strategic objectives outlined in this plan have been updated as part of this refresh process, our Vision, Mission and Values have remained the same and continue to serve as our North Star and guiding compass in all decisions and strategic initiatives.

Our Strategic Priorities:

A well-supported team and organization

Staff are the heart of our organization, and their well-being is critical as we continue to meet the increasingly complex needs of the communities we serve.

We are committed to developing a strong and connected organization with a professional staff team that is supported and valued.

Person-centered programs & services

Ensuring individuals have access to ongoing, compassionate support through a comprehensive range of programs and services that meets their needs, is important to help them address their addictions and meet their goals. We are committed to providing addictions treatment interventions for individuals and their families, using best practices, across a continuum of care.

Collaboration to strengthen system capacity

We recognize the importance of working in collaboration with partners to develop new ways of meeting the complex needs of the communities we serve. We are committed to working with partner organizations, community leaders, and all levels of government on common goals to better support the complex and intersecting needs of service users.

Board of Directors

Message from the Chair

On behalf of the Board of Directors, it is my privilege to present the Annual Report for **Four Counties Addiction Services Team (Fourcast)**. Reflecting on the past year, I am filled with immense gratitude for our dedicated staff, our vital community partners, and the individuals who trust us to walk alongside them on their path to recovery.

This has been a truly transformative year. For decades, our sector has advocated for a more complete, integrated continuum of care. This year, through profound strategic shifts, intensive collaboration, and critical provincial investments, we have successfully expanded our services to improve our ability to meet the increasingly complex needs of our communities.

Expanding our operations to include bed-based facilities and leading a massive, multi-sector hub model is an incredible undertaking. It has fundamentally changed how we operate, transitioning to 24 hours a day, 365 days a year operations at Paddock Wood. These program expansions focus on opportunities for change to those most challenged to pursue recovery goals.

This spring, the Board engaged in a facilitated session to review Fourcast's 2023-2026 strategic plan. In recognizing the organization's transformative growth since this plan was developed, we chose to refresh and extend it by 18 months in preparation for a fulsome strategic planning process that will occur in 2028.

Our leadership team remained steady, transparent, and bound to our core values of collaboration, dignity, innovation, professionalism, and diversity, equity, and inclusion in delivering Fourcast's programs.

Some of the most significant changes in the past three years include a major growth in staff and investments in comprehensive training, education programs, and new communication and finance software, as well as sustainable and values-based initiatives such as accreditation, Truth and Reconciliation, and Diversity, Equity, and Inclusion assessments.

I want to extend my deepest appreciation to our **Executive Director, Donna Rogers**, and her phenomenal management team. Their tireless work in recruiting a skilled, compassionate team of bed-based care workers and HART Hub staff has positioned Fourcast as a true provincial leader in integrated care.

I also want to thank my fellow volunteer Board members for lending their insight, oversight, and governance during this period of monumental growth and development.

Regards,

A handwritten signature in black ink, appearing to read "R Black", with a horizontal line underneath.

Ron Black
Board Chair

Senior Leadership

Message from the Executive Director

As I reflect on the 2025-26 year, I feel both exhaustion and enthusiasm, followed by a tremendous amount of gratitude for the leadership group at Fourcast as well as our incredibly talented and dedicated frontline staff.

Opening a bed-based withdrawal management and addiction treatment service in the same year is an incredible feat. But feedback from service users at Paddock Wood assures us that the job was well done. We relied on our partners and our colleagues to prepare all the program components, as well as Fourcast's administrative support for Communications, Quality and IT, Human Resources, Finance and our Executive Coordinator, Cindy, who managed the unending logistics and procurement duties. It truly took a village to finally open Paddock Wood to service users.

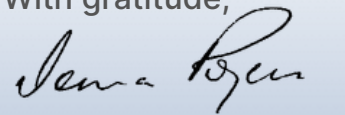
The past year also presented an extraordinary and heartbreaking challenge for our organization. Following the provincial government's legislative mandates, we were forced to permanently close our Consumption and Treatment Services (CTS) site. This site was an evidence-based, life-saving hub of community care. Over its years of operation, our multidisciplinary team reversed hundreds of overdoses, provided vital primary healthcare, and served as a trusted pathway for service users to choose to seek addiction and mental health treatment. The forced elimination of this service leaves a profound gap in our local infrastructure. I'm grateful to our staff and operational partners who navigated the wind-down process and supported service users with their usual professionalism and compassion.

Fourcast is acutely aware of the intersection of rising homelessness, a volatile toxic drug supply, and other systemic gaps. The provincial Homelessness and Addiction Recovery Team (HART) Hubs were funded to address these intersecting crises. In partnership with seven community partners, we are implementing a Peterborough-based solution that sets a laser focus on long-term housing stability for residents transitioning from Wolfe St. Modular Bridge community. This work inspires hope that a shared vision across strong partnerships can change lives.

As always, I appreciate the support I receive from our Board of Directors, a dedicated group of volunteers who provide immeasurable value to our organization in support of the people we serve. I'm proud to follow the path they have defined with a refreshed Strategic Plan. Looking to the coming year, our strategic priorities will focus heavily on capacity building, sustainable workforce retention, and deeper advocacy for structural public policy reform. We will keep championing regional initiatives like the expanding HART Hub networks to secure robust base funding and permanent supportive housing models.

The road ahead requires persistent effort, but we are not walking alone. Together, we will work to build a community where everyone has a safe place to sleep, access to compassionate healthcare, and the opportunity to heal.

With gratitude,

A handwritten signature in black ink, appearing to read "Donna Rogers".

Donna Rogers
Executive Director

Service Delivery Philosophy

Fourcast is committed to delivering services in a manner that honours the individuality, dignity, and strengths of the people and communities we serve. Our service philosophy is reflected in four values-driven statements:

1

We take a person-centered approach, meaning that we believe service users have the right to make their own choices while being treated with respect, compassion, and dignity in a safe, non-judgmental environment.

2

Our approach is also shaped by a philosophy of harm reduction, which involves reducing the risks and harmful effects associated with substance use for an individual and their community.

3

We hold the conviction that recovery is possible for everyone, fostering hope, emphasizing personal growth and resilience, and supporting people to recognize and build on their strengths.

4

We understand that meaningful support requires considering the whole context of a person's life, including family, friends, community connections, and social, cultural, and spiritual factors.

There are a wide range of philosophies of addiction and models of recovery and change.

At Fourcast, we view recovery as a process of regaining health, in the broadest sense of the term.

The ultimate goal of recovery is to live a healthy life, free from harmful impacts of substance use and/or gambling.

The central beliefs that underpin this view of recovery are:

- People can and do regain their health after experiencing addiction.
- People can recover from addictions to substances and/or gambling and can learn new ways of living in the world.
- Recovery is a learning process which involves healing, personal growth, development, support, and the acquisition of new skills.

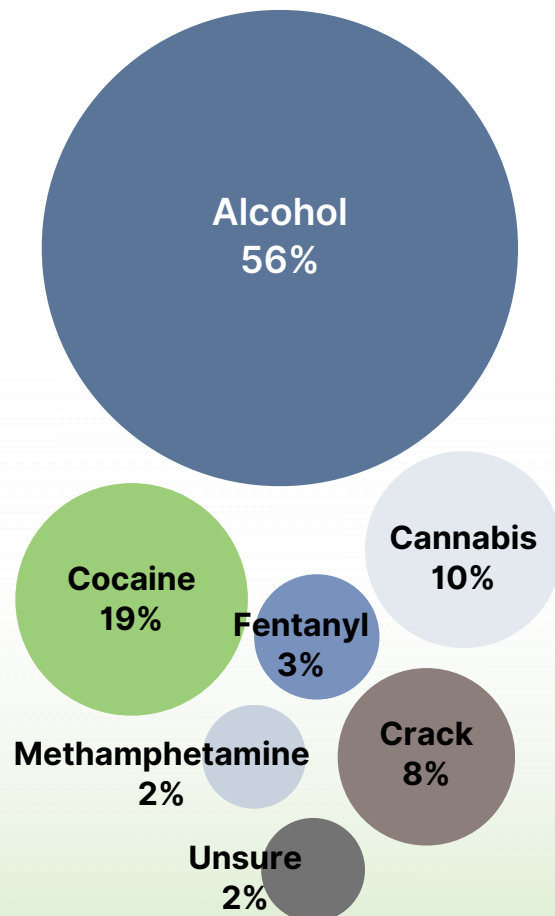
Key Organizational Statistics from 2025-2026

Total Service Interactions: 43,383

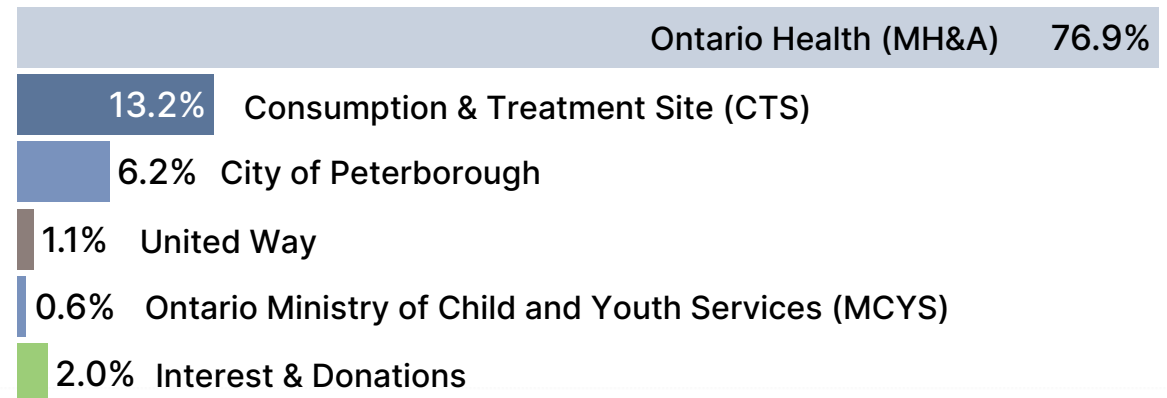
Total Number Served:* 5,452

*CTS not included

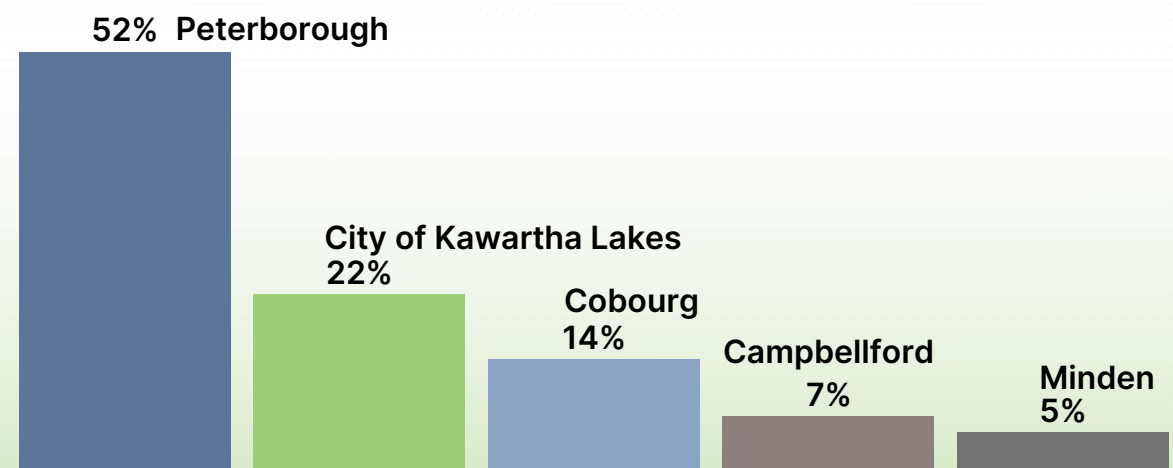
Substances of Concern



Program Funding



Service Users by Location



Addiction Services

Community-Based Treatment

Fourcast offers many different types of treatment for service users. These options may be office-based with booked appointments or walk-ins at one of our five locations, or we may be meeting with service users in the community at programs hosted by other partner organizations. Our treatment services include:

Individual Counselling and Group Counselling

We offer counselling to people with substance use or gambling concerns and work with them to create unique treatment plans. We also offer group treatment sessions on a wide range of topics.

1,701 Clients Served 450 Group Sessions
11,563 Contacts for Service

Early Access Service (EAS)

EAS is a quick response for early recovery supports, including community withdrawal management. EAS includes Fourcast staff supporting service users in Rapid Access Addiction Medicine (RAAM) clinics.

2,398 Clients Served
11,631 Contacts for Service

Gambling Support

We offer specialized counselling and treatment to support service users with gambling concerns.

90 Clients Served
716 Contacts for Service

Court Diversion

Our staff attend court to support service users and work with crown officials to develop treatment plans and reduce or eliminate incarceration.

95 Clients Served
711 Contacts for Service

“My counsellor was very, very helpful, knowledgeable, and told me the unfiltered facts. Very patient and understanding.”

“They provided compassion, support, immense care of my well being, a safe place to share.”

Opiate Case Management

This program includes office-based individual and group counselling, as well as staff outreach to service users of One City Ptbo at Trinity Community Centre.

256 Clients Served
2,677 Contacts for Service

Hospital to Home (H2H)

Fourcast works within Peterborough Regional Health Centre, Northumberland Hills Hospital, and Ross Memorial Hospital to engage with patients who have substance use concerns and initiate treatment pathways during their hospital stay.

594 Clients Served
2,533 Contacts for Service

Addiction Services

Bed-Based Addiction Treatment

Fourcast began admissions for our 35-day bed-based addiction treatment services in fall 2025. Based at the historic Paddock Wood house in Peterborough, the program offers 6 bed spaces to male-identifying service users and provides evidence-informed approaches designed to support people making changes to their substance use.

Our treatment is trauma-informed and uses Cognitive Behavioural Therapy (CBT) and Dialectical Behavioural Therapy (DBT) tools, delivered from a Motivational Interviewing lens. The approach combines individual counselling with psychoeducation and life skills groups to foster interpersonal engagement while learning about managing cravings, coping with anxiety, changing habits, effective communication, social supports, and more.



While at Paddock Wood, service users have access to medical support provided by a Nurse Practitioner, and support from Fourcast staff on-site 24 hours a day. As part of their treatment, they create a personalized relapse prevention plan to help them meet their recovery goals.

We encourage service users to engage in our low-barrier community-based treatment options while awaiting a bed at Paddock Wood. Fourcast also offers aftercare for service users returning to their home community in our catchment area.

“This program has shown me that when you truly commit yourself to change and fully immerse yourself in the recovery process, positive transformation is possible. Recovery is not always easy, but the effort is worth it.”

“I genuinely believe Paddock Wood treatment facility saved my life. Alcohol was slowly dismantling my health, my sense of self, and the relationship I value most. I wasn’t just struggling with alcohol; I was struggling with shame, fear, and the belief that I might be beyond help. When I arrived here, that belief began to change.”

108 Individuals Served
30 Bed-Based Treatment Admissions

673 Group Sessions
552 Resident Days

Opening Soon:
**Bed-Based Withdrawal
Management Services**

Housing Support

Fourcast Supportive Housing Program

We collaborate with municipalities and other service partners in Peterborough, City of Kawartha Lakes, Northumberland, and Haliburton to support those exiting homelessness. Our supportive housing programs include transitional and permanent supportive housing leading to independent living.

Housing referrals come through the local By-Name List selection process in Peterborough and in Northumberland through collaborative programming with A Place Called Home in City of Kawartha Lakes. We partner with non-profit and private landlords to secure rental units for service users in our housing programs.

“Fast, efficient, polite, supportive.”

Housing Service Users

City-Transitional Housing:	71
Health PSH* (Permanent Supportive Housing):	48
Reaching Home Step-Down:	31
Northumberland Program:	14

*Includes service users from A Place Called Home (APCH), Lindsay

By-Name Priority List

All admissions originate from the By-Name List (BNL) using a community priority process.

Transitional Housing

Pairs housing stabilization with intensive supports. Based on building strong partnerships with landlords and community partners.

Permanent Supportive Housing

Encourages longer-term stability with a standard lease (RTA), rent subsidies, and staff supports.

Independent Living

An important step-down option for those transitioning to living on their own while still receiving team support and links to long-term rental support.

“They really care about what they do, that’s quite evident.”

“Caring. Kind. Respectful. My case manager is one of the nicest people I’ve ever met.”

Homelessness & Addiction Recovery Treatment (HART) Hub

An Opportunity to Expand

Homelessness & Addiction Recovery Treatment (HART) Hubs are service teams supported by non-profit organizations, municipalities, and the provincial government that target the intersecting crises of homelessness, mental illness, and substance use. Each of the HART Hubs across Ontario has a unique model and area of focus.

Fourcast and our community partners are very proud to launch the HART Hub Peterborough in June 2026.

Peterborough's Hub will leverage the expertise and experience of local organizations to build on the strength of existing programs and introduce a range of new services. The joint initiative will provide a more cohesive pathway for people in our city and county experiencing homelessness and addiction, and create greater interdisciplinary collaboration among service providers.

Program Impact To Date:
40 Individuals Served
332 Contacts for Service

HART Hub Operational Partners:

- Fourcast
- City of Peterborough – Social Services
- Peterborough Regional Health Centre (PRHC)
- Peterborough County-City Paramedics
- Peterborough Community Health Centre
- CMHA Haliburton, Kawartha, Pine Ridge

Several established programs make Peterborough uniquely well-positioned for a successful HART Hub. These include our housing programs operating in Peterborough, in units secured through non-profit and private landlords; the city's Coordinated Access System; the modular bridge housing at Wolfe Street, operated by Elizabeth Fry; and the Trinity Community Centre, operated by One City Ptbo. The low-barrier shelter and outreach program at Trinity is a key referral point for service users to access the modular housing units.

Provincial funding will enable the HART Hub to incorporate expanded and specialized services, including:

- Health Team based at Wolfe St (Indigenous Supports, Addiction Counsellors, Ontario Works, Occupational Therapists, NPs, Nursing, Psychiatry);
- Staffing and rent supplements for 50 supportive housing units for people graduating from Wolfe St bridge housing;
- 6-month abstinence-based transitional housing for those who need supports after completing bed-based treatment;
- Housing with 24/7 specialized program for people with Acquired Brain Injuries or Dual Diagnosis who are leaving Wolfe St.



Consumption & Treatment Services (CTS) Site

After four years of service, the CTS site in Peterborough has closed. Along with six other sites in Ontario, Fourcast received notification in March that all CTS sites would be defunded as of June 13, 2026.

The CTS provided a safe, clean space for people to consume

Number of Consumptions

Consumptions: **7,933**

Visits: **13,408**

Total Individuals Served: **293**

Medical Interventions

First Aid / Basic Care
provided at CTS: **122**

Poisonings (Overdoses)
on-site at CTS: **32**

Harm Reduction

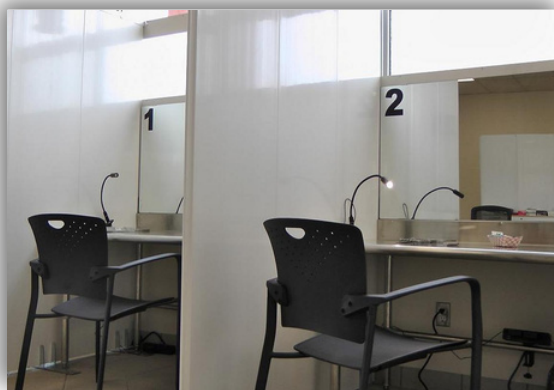
Drug Checking
incidents recorded: **6**

Harm Reduction Education
Sessions by Staff: **6,159**

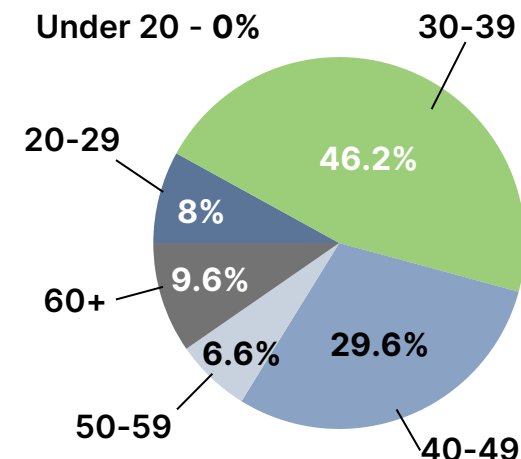
pre-obtained drugs under supervision. Service users could also get substances tested to help prevent drug poisoning.

The Peterborough CTS operated under a partnership staffing model with Peterborough County-City Paramedics, VON 360 Degree Nurse Practitioner-Led Clinic, a local security firm, and Fourcast staff working under a medical directive from Lakelands Public Health.

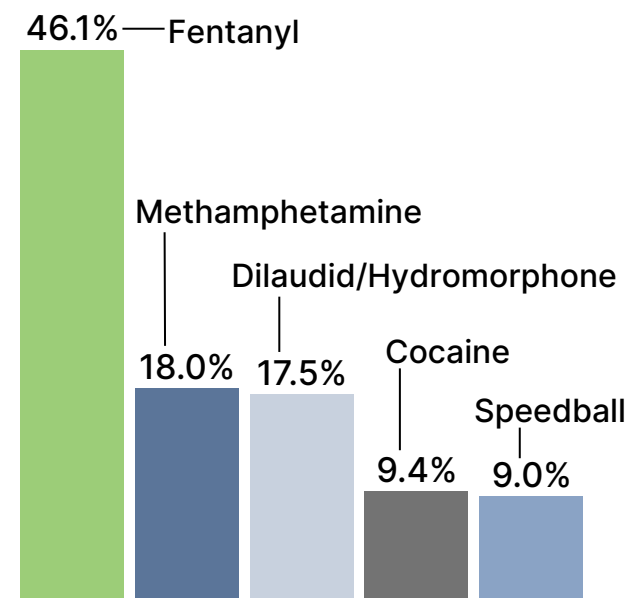
This team provided life saving interventions, monitoring, coaching, education and linkages to other services and treatment interventions for CTS service users.



Service User Age Groups



Substances Consumed



Testimonials from Service Users

"I really enjoy coming to Fourcast, especially feeling welcomed to a very inviting environment, and speaking with my counsellor. This has been very helpful to my sobriety."

"A very welcoming environment."

"I had a great experience."

"My counsellors have all been lovely and helpful."

"I could work around my schedule and job."

"It's been fantastic."

"I was welcomed and encouraged."

"I am very grateful to be allowed and able to maintain access for the time I have. Even though I have gone through DBT more than once."

"Most everyone I have met at Fourcast has to me become a friend and an honor to have met."

"Very welcoming, non-judgmental, happy to help."

"Everything I needed, they have helped me with to the best of their ability."

"Fourcast staff and services have made me the person I was and wanted to be again. They always take the time for anything I require and gave me a reason to put my feet on the floor every morning. I refer others to sign up, it will change your life."

"It has all been good."

"The people I have met are wonderful."

"My counsellor and the rest of the staff is very helpful. A great place to seek support."

"I have used Fourcast services in the past and they were very helpful in pointing me in the right direction. I would recommend anyone to Fourcast for their addiction problems."

"They are always non-judgmental, never a negative response."

"I appreciate all the help I got from Fourcast and their support staff."

"Amazing."

"The service is great."



Four Counties Addiction Services Team

For help or information, visit our website at www.fourcast.ca or call our toll-free line at 1-800-461-1909.

Service Locations

Main Office: 705-876-1292
130 Hunter St W, Peterborough ON
fourcast@fourcast.ca

Campbellford: 705-653-3352
Campbellford Memorial Hospital
146 Oliver Rd, Campbellford, ON

Cobourg: 905-377-9111
1011 Elgin St W, 2nd Floor
Cobourg, ON

Lindsay: 705-878-5547
37 Lindsay St S, Unit 2
Lindsay, ON

Minden: 705-286-4077
Haliburton Highlands Health Services
Mental Health Service Clinic
6 McPherson St, Minden, ON

This report is available in alternative formats upon request. Please contact communications@fourcast.ca.